



# CATERING MENU

155 MILK STREET BOSTON, MA 02109 857.239.9791

[MIGHTYLOVEFOOD.COM](http://MIGHTYLOVEFOOD.COM)

## ORDERING INFORMATION

THE BEST WAY TO PLACE YOUR ORDER IS BY PHONE AT **857.239.9791** – WE LIKE TALKING TO OUR CUSTOMERS! IF YOU PLACE YOUR ORDER BY EMAIL USING [CATERING@MIGHTYLOVEFOOD.COM](mailto:CATERING@MIGHTYLOVEFOOD.COM), BE SURE TO PUT **CATERING ORDER** IN THE SUBJECT LINE, AND INCLUDE A REPLY EMAIL ADDRESS WHERE WE CAN REACH YOU.

- ◆ NOTICE PERIOD IS 48 HOURS FOR ORDERS OF MORE THAN 25 GUESTS
- ◆ NOTICE PERIOD IS 24 HOURS FOR ORDERS OF LESS THAN 25 GUESTS
- ◆ DELIVERIES ARE AVAILABLE MONDAY - FRIDAY FROM 8:00 AM - 2:45 PM
- ◆ WEEKEND CATERING DELIVERY IS AVAILABLE WITH ADVANCED NOTICE

## DELIVERY

3 MILE RADIUS OF 155 MILK STREET DELIVERY FEE IS **\$20.00**

5 MILE RADIUS OF 155 MILK STREET IS **\$25.00**

## SUPER FOOD BOOSTER BOWL

### EVERYTHING YOU NEED TO MAKE YOUR OWN MORNING BOWL **\$5.95/PERSON**

CHOOSE EITHER GREEK YOGURT OR HOT STEEL CUT OATS & GRAINS  
Power Purée (Fresh Berries, Blueberry, Strawberry, Acai), Blueberries, Pineapple, Strawberries, Bananas, Gluten-free Granola, Coconut

### ACAI BOWL **\$9.00/PERSON**

Banana, Granola, Coconut, Fresh Berries, Pineapple, Power Purée (Fresh Berries, Blueberry, Strawberry, Acai)

### MINI MIGHTY MUFFINS **\$2.75/EACH**

ALSO AVAILABLE IN VEGAN AND GLUTEN-FREE VERSION (*minimum of 12*) **\$3.25/EACH**

### ENERGY POPS **\$2.75/EACH**

Dried Fruits, Tree Nuts, Carob, Coconut, Chamomile

### OVERNIGHT OATS WITH POWER PURÉE **\$4.95/EACH**

Prepared with Gluten-Free Oats, Chia Seeds, Coconut Milk, Vanilla, and Fresh Berries (Blueberry, Strawberry, Acai)

### 12oz MIGHTY LOVE SMOOTHIES **\$6.95/EACH**

#### L SMOOTHIE

Spinach, Avocado, Coconut Milk, Honey, Matcha

#### O SMOOTHIE

Bananas, Black Coffee, Carob, Dates, Vanilla & Oat Milk

#### V SMOOTHIE

Acai, Strawberries, Blueberries, Berry Juice, Spirulina, Bloomed Chia Seeds

#### E SMOOTHIE

Banana, Fig, Apple, Berry Juice, Spirulina

## MIGHTY LOVE MEALS

### BUILD YOUR OWN SALAD BUFFET **\$10.95/PERSON**

Includes Organic Greens, Three Homemade Dressings, Any Four Toppings From the "Standard" Selection Below

## OPTIONAL ADD-ONS

### ADDITIONAL "STANDARD" TOPPINGS *for \$1.00 per person*

Pumpkin Seeds, Curried Vegetables, Sweet Potato, Vegan Cheddar, Vegan Mozzarella, Cayenne Chilli Corn, Tomatoes, Roast Cauliflower, Buffalo Cauliflower, Roasted Beets, Roasted Onion, Honey-Roasted Brussel Sprouts, Homemade Croutons, Za'atar Chick Peas, Quinoa, Bulgur, Lentils

### PREMIUM TOPPINGS *priced per person*

Lemon Avacado **\$2.00**; Curried Tofu **\$2.00**; Korean Barbeque Tofu with Wakame **\$2.00**; Organic Slow-Roasted Chicken **\$3.00**; Cajun Spiced Shrimp **\$4.00**

## CHEF CURATED SANDWICH FOLDS **\$11.95/PERSON**

Prepared on Soft Wheat Naan

- ♦ **MEDITERRANEAN FOLD** Bulgur, Olive Tapenade, Tomatoes, Chick Peas, Tahini Dressing, Napa Cabbage, Roasted Onion
- ♦ **CURRIED VEGETABLE FOLD** Curried Vegetables, Chick Peas, Curried Tofu, Roasted Onion, Napa Cabbage, Homemade Curried Yogurt Dressing
- ♦ **MEXI-CALI FOLD** Avocado, Chili Corn, Black Beans, Napa Cabbage, Sriracha Crema, PICCA de Gallo

## HOT MEALS

### VEGAN MAC & CHEESE **\$10.95/PERSON**

Soy Milk, Nutritional Yeast, Sea Salt, Vegan Cheddar, Toasted Panko Crumbs, & Roast Vegetable Compote

### VEGAN SLOPPY JOE **\$10.95/PERSON**

Fully Cooked Mushrooms, Black Beans, Onion, Garlic, Fonio (an ancient grain from West Africa), Vegan Cheddar Cheese, House Made Tomato Basil Sauce, Ciabatta, and Roast Yukon Gold & Sweet Potato

## ADD ONS

### BEVERAGE ADD ONS

- ♦ ASSORTED SPARKLING FLAVORED WATERS—**\$3.00/EACH**
- ♦ NATALIE'S FRESH SQUEEZED ORANGE JUICE—**\$5.00/EACH**
- ♦ ASSORTED RAW COLD-PRESS JUICES—**\$8.95/EACH**
- ♦ KOMBUCHA (ARTISAN BEVERAGE COOPERATIVE, GREENFIELD, MA)—**\$4.50/EACH**

### PACKAGING ADD ONS

- ♦ COMPOSTABLE BOWLS, PLATES, FLATWARE, & NAPKINS—**40¢/PERSON**

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